

Winter 2017 Enrichment Programs

Rules

Youth that sign-up for a program must commit to attend the program. Youth that are at the Club and do not attend their program(s) will be ineligible to sign up for future enrichment programs.

Youth that are disruptive or disrespect club staff will be removed from class and can, at the discretion of Club staff, be sent home. Continued disruptive behavior can result in a suspension from all Club activities.

Willful destruction of Club property will result in youth being removed from class and can, at the discretion of Club staff, have the youth sent home. Parent(s) and or guardian(s) will be responsible for any and all replacement costs.



GREAT FUTURES START HERE!



**BOYS & GIRLS CLUB
OF MERIDEN**

Winter 2017 Enrichment Catalog



General Information

The Club is offering its members many exciting opportunities this fall! Classes in art, technology, sports and other exciting areas will offer youth in grades 1 through 6 the chance to explore activities that interest them. All members will continue to engage in the core daily activities the club offers such as Power Hour, Gym, Gameroom, and Technology lab.

Classes will start the week of January 9th and run through the first week of March. **Members will need to register no later than Friday, December 30. Classes are extremely limited and sign-ups are on a first come, first served basis.**

Members will generally be unable to register for courses past this deadline. Completed registration forms must be handed in at front desk. Many enrichment courses will be re-offered in the Spring session so if a member faces the dilemma of wanting to take two separate programs which overlap they will generally have the option to take one of the programs in a future session.

Members are required to sign-up in advance for our after school enrichment programs with the commitment that they will plan on attending their program sessions during the Boys & Girls Club of Meriden's Winter 2017 program term. Our Winter 2017 program term **begins Monday, January 9, 2016** and will last for 8 weeks with MOST classes **concluding around March 1, 2017**. Enrichment courses will not take place during Holiday/vacation breaks even when the Club is open, as these days we will follow a special non-school day schedule.

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SPORTS

Archery **Thursdays** **4:00 or 5:00** **Grades 4 & up**
Target archery will be taught to youth by US Archery Level II Coach Dominic Pereyo. Youth will have the opportunity to attain a ranking in the Club's 13 Level Ranking System. Note: Youth MUST have taken a beginner's lesson prior to registering for this class.

Volleyball **Thursdays 4:10-4:50** **Grades 4, 5 & 6**

Volleyball **Thursdays 4:50-5:30** **Grades 7 & up**

Learn the basics of volleyball from Coach Sammy, former High School and College player. This class will take place in the lower gym. Youth that enjoy this class should consider joining our Youth Volleyball League.

Self Defense **Wednesday** **4:10-4:50** **Grades 1-3**

Self Defense **Wednesday** **4:50-5:30** **Grades 4-6**

Taught by senior members of Valentin Karate, this class is not only filled with action packed fitness and exercise, but character development as well. Each class includes an anti-bullying and anti-violence component.

Lacrosse **Friday 4:10-4:50** **Grades 1-3**

Lacrosse **Friday 4:50-5:30** **Grades 4-6**

Passing, receiving, shooting and other basic skills will be taught in this entry level program. The program will be conducted indoors and use a mini-stick (provided). Youth to learn the fundamentals of the game while enjoying a rigorous and fun physical activity. Kids that enjoy this introduction to lacrosse can continue during the winter in our Saturday AM clinics held in the Club's lower gym.

**Boys & Girls Club of Meriden
Enrichment Program Behavior and Commitment Contract**

I, _____, agree to the following:
Student's name

Attend all classes I am registered for while attending the Club unless I need extra time to get homework done.

- Be on my best behavior while attending programs at the Club.
- Follow all classroom rules and directions given by the instructor(s) and Club staff.
- Treat Club property with respect.

I, the parent/guardian of the above, understand that failure by my child to follow the policy outlined above can result in the following:

- Be removed from all activities.
- Be unable to register for further enrichment classes.
- Suspension from the Club.

By signing this contract all parties agree to the stipulations in the document and will follow them accordingly. We also understand that registering for any of these classes is a COMMITMENT.

Child's Signature: _____

Parent/Guardian Signature: _____

Date: _____

Class Schedule by Day

Program	Grades	Day(s)	Time(s)	Max #
Woodcrafts	3 & up	Monday	5:30-6:10	15
LEGO Challenge	4 & up	Monday	4:10-4:50	15
Recycled Art	1, 2, & 3	Tuesday	4:10-4:50	12
Jewelry Making	3, 4, 5, & 6	Tuesday	4:50-5:30	12
Clay Tech	3 & up	Tuesday	4:50-6:10	15
Self Defense	1, 2, & 3	Wednesday	4:10-4:50	30
Self Defense	4, 5, & 6	Wednesday	4:50-5:30	30
Dance	All	Wednesday	<u>5:00-6:00</u>	15
Sr. Art Club	4, 5, & 6	Wednesday	5:30-6:10	15
Robotics	4 & up	Wednesday	4:50-6:10	<u>15</u>
Archery	4 & up	Thursday	<u>4 or 5:00</u>	<u>10</u>
Ooey, Goey & Chewy	1, 2, & 3	Thursday	4:50-5:30	12
Paint Day	4 & up	Thursday	4:50-5:30	15
Volleyball	4, 5 & 6	Thursday	4:10-4:50	30
Volleyball	<u>7 & up</u>	Thursday	4:50-5:30	30
Lacrosse	1, 2, & 3	Friday	4:10-4:50	30
Lacrosse	4, 5, & 6	Friday	4:50-5:30	30

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TECHNOLOGY CLASSES

Robotics **Wednesday** **4:50-6:10** **Grades 4 & up**
With the help of GUS Robotics youth will use the VEX Robotics system (similar to LEGO Mindstorms) to build, drive and learn to program robots to do simple tasks. The final day will consist of a competition to see who has the most efficient design. Parents are invited to attend.

Clay Tech **Tuesday** **4:50-6:10** **Grades. 4 & up**
Ever wanted to make your own film like The Nightmare Before Christmas & Kubo and the Two Strings? Youth will work together in teams of 3-4 to design, build and animate their own stop motion short film. Completed videos will be posted on the Club's website. Taught by Dominic.

ENRICHMENT CLASSES

Ooey Gooey Sometimes Chewy
Thursday **4:10-4:50** **Grades 1, 2 & 3**
A class for youth that like to get messy! Each week kids will learn to follow a recipe to create a crazy new tactile substance. Things with weird names like Oolek, Clean Mud and Gak will be concocted. Oh...and Chewy? On the final day we'll make something we can eat! Taught by Claudia.

LEGO Challenge **Monday** **4:10-4:50** **Grades 4 & up**
Can you create a cool spaceship for a Martian? How about a vehicle for Batman or Batgirl? or a fortress for a medieval archer? Each week participants will be given a challenge to build something out of LEGOs using their imagination. Taught by Dominic

Dance **Wednesdays** **5:00-6:00** **All Grades**
A fun filled class perfect for kids that want to learn to dance. Students will learn basic beginner hip-hop moves, enhance and develop coordination, respect for teachers and peers, and different hip hop dance routines.

ART CLASSES

Recycled Art **Mondays** **4:10-4:50** **Grades 1-3**
An Earth friendly art class! Using items that would normally be thrown away, like water bottles, CDs, newspapers and tin cans, youth will use their creativity to make works of art! Taught by Wanda

Art Club **Wednesday** **5:30-6:10** **Grades 4-6**
Explore your Creative side! Youth will be exposed to different types of art mediums and will learn the many different ways to use them. Two different classes are offered so projects can be tailored to each age group. Taught by Wanda.

Woodcrafts **Mondays** **5:30-6:10** **Grades 3 & up**
Youth will make some of their favorite cartoon and video game characters out of wood. Students will learn how to use hand tools to cut the wood and prepare it for painting. Taught by Dominic.

Jewelry Making **Tuesday** **4:50-5:30** **Grades 3 & up**
Learn the basic skills needed to design and create your own handmade jewelry! Projects include bracelets, necklaces, key chains, headbands, and more. At the end of each session members will have a handmade jewelry piece they can wear with pride or give as a gift! Taught by Wanda.

Paint Day **Thursday** **4:50-5:30** **Grades 4-6**
Learn to paint with Club Art Instructor Wanda. Youth will work in water color, tempera and acrylic to create works of art. Youth will complete 3-4 paintings during the class.